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# Meditation on COVID Final Cause

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## 1. Fearomenology

I have used this term to move toward an imagined crystal clear picture of our history. What was the percentage of fear and what was the percentage of absence of fear proportionately throughout history? If we have this map or module it opens a new gate to walk through. It welcomes a new term to facilitate the practice of what I call fearomenology.<sup>1</sup> I think, respectively by presence and absence, fearomenon and xfearomenon can be well addressed by fearomenology. COVID-19 is a fearomenon deserving of such treatment.

In history, there are plenty of such kinds of facts, done by several feariers like nature, rulers, viruses, plagues, etc. It can be mapped by a fearometer. Xfearomenon is a phenomena where fear is absent. It's metaphysical. We typically don't take into account the xfearomenon because it doesn't directly or obviously show application of importance within our lives. There are many xfearomenon in the galaxy, but we have usually never noticed them. Likewise, in our daily life, we may have many xfearomenons in a day but we usually never care, recognize, reflect on them. We keep our notice functioning rather on that which comes to threaten our natural right(s) regarding typically our right of preservation.

New lexicons may assist us to attend to the otherwise neglected. Such kinds of linguistic fearism terminology makes for more smart Fearism perspectives in writings. *Fearomenology* is a science of fearomenon and xfearomenon. It helps to study the range of fearomenon and xfearomenon. The phenomenon is an observable fact or event, it is defined by Wikipedia. What kind of phenomenon is it, is it perfectly defined here? Does it relate to consciousness or not? Is it clear? The phenomenon can be a lifeless fact or event as

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<sup>1</sup> In 'Fear' Studies (Fisher) and philosophy of fearism (Subba) there are a lot of neologisms because it is necessary to have new terms for new ways of thinking about "fear." For a compiled glossary (with most new terms) see "New Fear Vocabulary" in *International Journal of Fear Studies* 1(2), 10-14.

xfearomenon; but fearomenon is impossible without Life and visa versa. Fearomenon is an activity of life. It can be a part of legitimate evolving vocabulary & Philosophy.

Phenomenology has universal expressions & Fearomenology has specific ones. When Fearism becomes the widely used reading of Philosophy, no doubt, it will record events differently in a Fearism dictionary. It is in the phase itself that directs the examination. 'The unexamined life is not worth living,' said Socrates. Similarly, unexamined philosophy is not worthy to be philosophy. Let it examine itself first. Let it examine a place for fearomenology. It is my understanding philosophers are examining its merit in some form, in some tests. Yet, that's to be elaborated yet. It is in human nature for innovation of concepts, most of which are hard to accept at beginning of their coinage, but later they may become the hot cakes of desired discussion.

One day going to work, I acknowledged spontaneously the knowledge of fearomenology, xfearomenon and fearomenon as light in my brain. The awareness was heated with excitement. I thought it can be a department of the Philosophy of Fearism.

History speaks the ascending order of fearomenon. Virus age, wars, and many calamities are recorded like fearomenon. Since the primitive age to now, such a diagram is unavailable in mapping of philosophies. Human civilizations have crossed many ages like the COVID-19. The State of nature was another type of COVID but it was not beyond the ascending order of fearomenology. Nature or COVID 'wants' to extinguish us but survival selection overcomes these entropic forces all the time. From a fearomenological view, it is not natural selection, it is a fear selection that pervades our survival.

## 2. Theory of the Egg

We have been given some theories of behavior, and psychoanalysis about personalities. Aristotle mixed ethics and politics in order to understand an individual's character. Id, Ego and Super Ego build the behavior of a man; it is a pivotal concept of Freudian psychoanalysis.

I think different people build personalities in different ways. Maybe somethings are in common but the behaviors comes from different sources.

The theory of the egg is, what I propose, an core concept of fearanalysis. According to this theory the yolk is a personality (individual character). The deciding factors of the state and future of the Yolk are the Shell and the Albumen. Personality is constituted by the structure and the superstructure of fear. Shell is the superstructure, Albumen (white part) is structure, and yolk (yellow) is personality (behavior), Yolk can be considered the central point of a seesaw dynamic negotiated by interrelations with the other parts and the environment beyond the Shell. It is an image of the personality of a human.

In the Shell and its make up, fear comes as composite from culture, law, disciplines, government, society, religions, politics, economy (maximum & external fear); in Albumen white part comes dishonesty, disobeying the law, genetics, hereditary, etc. (minimum & internal fear). The Yolk makes a balance of fear overall. It is a personality made up of behavior and individual character.

The role of Shell and Albumen constantly exists in silence (disappeared from normal observation). Mostly we recall the (appeared) yolk; not Shell & Albumen. Personality takes a person in the direction they want to go. Yet, consciousness is involved. Consciousness is neither knowledge nor it awakens itself. To activate consciousness it must collide with the event. For example, before the spreading out of Covid-19 we had consciousness of its presence but we didn't know its routes. COVID collided with consciousness and gave us more knowledge. That knowledge enables survival defenses and that fears us more and that fear is deciding the personality of the state as a human.

The personality of a person is decided by the central pivot of fear. To continue the imagery, it is manifest as Chicken life. The Yolk is nutrient for an embryo. The embryo grows into chicken. Likewise, moderate fear (balance) grows the personality of a person.

### 3. The Question of Four Causes of Aristotle

Why is lockdown the action of a country and quarantining people? I am looking for the answer to these questions through Four Causes of Aristotle. Can it answer by four causes?

1. What is a material cause of lockdown?

2. What is a formal cause of lockdown?
3. What is an efficient cause of lockdown?
4. What is the final cause of lockdown?

Lockdown doesn't have a form like a person, and it doesn't have any material either. In efficient cause one can say government and in final cause one can say, stop the spreading of the Corona. Is it a final cause?

Once, I have written about four causes of Aristotle in my book. Again, I am exploring something there (Subba, 2014<sup>2</sup>). When I was repeating When I was repeating in *Philosophy of Fearism* 2014 book, my rational got hooked by the four causes theory of Aristotle. He has written this theory to answer all questions. The answer of four causes is applicable everywhere? I tried to insert it in the present COVID pandemic and lockdown framing. Why and what is lockdown?

In my opinion, the four causes can't cover all the areas of existence. To stop Coronavirus cannot be the final cause. These are visible or appearances as cause, according to Plato. The form of lockdown is variable in different countries. Underneath these appearances, there is a universal cause that is *fear of death*. This cause is the final cause.

The fundamental fear cause is mostly in the form of *disappearance*. It cannot be seen with naked knowledge but it works as under erasure (cf. Derrida).

My conclusion is, four causes are not enough to give the answers to all *why* questions. For the time being one has to add fear as cause. Fear cause can be the answer of many *why* questions. Unfortunately, it is typically ignored or *via* denial of some form of defence, like magic, it is disappeared before it can be acknowledged with consciousness and thus acted upon as fear management/education.

Again, to summarize, I have here wanted to say the final cause is not lockdown. Its purpose is to save lives from Covid19. In other words, we can say, we fear corona virus—linked to fear of death, as final cause. To rescue life, we are doing lockdown and quarantine. Saving life is the penultimate cause and fear is the ultimate cause.

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<sup>2</sup> Subba, D. (2014). *Philosophy of fearism: Life is conducted, directed and controlled by the fear*. Xlibris.

Note: I have prepared this short opinion searching in Google, watching YouTube, etc. Most of the information re: philosophers references are online available. Some of my opinions are not available because these are new concepts, words and examples.

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